

WHERE IN THE WORLD ARE WE?



Type of Activity: Ice Breaker

Age: It could be used for any age with adjustments.

Equipment: Open space.

Safety: No gum, no jewelry, watch out for others.

Instructions: Create a North, South, East, and West of the open space. Have students arrange themselves geographically to one another according to the task given. Ex. Stand in your hometown, stand in your favorite vacation spot, and etc. The students will have to communicate with one another and move around the open space.

Primary Goal: The goal is for students to work together to accomplish a common goal, interact with each other, open up conversation, and to make the environment more comfortable.

Personal Observation:

Date used: Sept 1, 2009

I was a primary participant for this activity. I really enjoyed all aspects of this activity. I learned a few things about my classmates and had a few good conversations along the way. It is also a good way for the teacher to learn something about their students.

Talking Tennis Ball



Age: This activity can be modified for any age.

Type of Activity: Ice Breaker

Equipment: Tennis Ball

Safety: May eye contact with the person you are throwing the tennis ball with. Be aware of surroundings. No jewelry or gum.

Instructions: Everyone should form a circle. The teacher will start with the tennis ball and he/she will say his name and then toss the tennis ball across the room to another student, who then says his/her name and so on.

Primary Goal: The main goal is to learn each others names.

Personal Observation:

Date used: September 3, 2009

I was a primary participant in this game. I thought this game was fun and helped with learning people's names. You could modify this activity by adding more balls or saying something else besides your name.

Raccoon Race (Grand Prix)



Age: Good for all ages

Type of Activity: Ice Breaker

Equipment: A few ropes tied in a circle with one knot.

Safety: No gum or jewelry. Be aware of your surroundings. Do not push or pull the rope too fast, you could burn your hands.

Instructions:

The students will get in groups of four or five. Each student will hold a part of the rope and they should form a circle. When the teacher says "Start your engines" the students make an engine noise. The students will then pull the rope around in a circle. When the teacher says "Stop" the students will stop turning the rope. Whoever the knot lands closest to has to say their name and something about themselves.

Primary Goal: For the students to laugh and get to know one another a little more.

Personal Observation:

Date used: September 3, 2009

I was a primary participant in this activity. I thought this was funny and it made everyone laugh and have a chance to act goofy. This can be modified in other ways.

Raccoon Race (Up Down with Sound)



Age: Any age group.

Type of Activity: Ice Breaker

Equipment: Webbing for the raccoon circle.

Safety: When standing up and down be careful of your surroundings. No gum or jewelry.

Instructions: The students will get into groups of about four or five. Each group will form a circle and hold onto the webbing. Each group has to come up with a sound for when they go down and another one for when they go up.

Primary Goal: For the students to have fun and be creative.

Personal Observation:

Date used: September 8, 2009

I was a primary participant in this activity. This was a really goofy activity that was a good ice breaker and gave everyone a chance to laugh. This would not be my top choice because there was no a lot of interaction between the students other than deciding on a noise.

Trust Wave



Age: Elementary and up.

Type of Activity: Trust Building

Equipment: None.

Safety: No gum or jewelry. Focus on the person running and be aware of your surroundings.

Instructions: The class will form two lines facing each other with their hands out in front of them. One classmate will run, jog, walk, skip, and etc. down the line. The other students will bring their arms up before the student gets to them creating a “wave like” motion. The students must use the correct communication before starting. Ex. Ready to run, ready to lift, running, lifting.

Primary Goal: The main focus of the activity is to trust your classmates to not let your run into their arms.

Personal Observation:

Date Used: September 29, 2009

I was a primary participant in this activity. I thought it was really funny and a little scary. Everyone was pretty creative and I laughed a lot. This can be modified because the students can choose the movement they do through the line.

Banana Tag



Age: Any.

Type of Activity: Warm Up

Equipment: One or two pinnies. Cones for boundaries.

Safety: Be aware of your surroundings. No gum or jewelry.

Instructions: During this warm up there is one tagger. The other students will be scattered around playing. If a student gets tagged they have to stand with their hands up. To be unfrozen two students have to come over. One student grabs one arm and the other student grabs the second arm then they peel the person like a banana.

Primary Goal: The main goal is to warm up your body and to avoid being tagged.

Personal Observation:

Date used: October 20, 2009

I was a primary participant in this activity. I have played this game before and it is always good for getting the body moving while having fun. You can have a few taggers or pick a different fruit or food.

Chicken Tag



Age: any

Type of Activity: Warm Up

Equipment: Rubber Chicken

Safety: Bumpers up, no gum or jewelry, be aware of your surroundings.

Instructions: Two people are taggers and two people have rubber chickens. The people with the rubber chickens are helpers. The people being tagged can yell “help” and the people with the chickens can throw the chicken to them. You cannot be tagged if you have a chicken.

Primary Goal: To not get tagged and use each other for help.

Personal Observation:

Date Used: October 22, 2009

I was a tagger in this activity. This is one of my favorite warm up activities that we did. I think it is a great warm up that helps us learn how to ask others for help if we need it. I created good communication within the class and was also a lot of fun. You could use more or less taggers and another object besides a rubber chicken.

Tin Shoe



Age: Any age.

Type of Activity: Initiative Game

Equipment: A few coffee cans.

Safety: No gum or jewelry.

Instructions: Students will sit in a circle. One student will start with a tin can on their shoe. They will try to pass it around the circle to the other students using only their feet. You can add more cans later on.

Primary Goal: To pass it completely around the circle without dropping it.

Personal Observation:

Date used: October 24, 2009

I was absent this day.